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Ellie Herman is the author of Pilates for Dummies (3.63 avg rating, 75 ratings, 5 reviews, published 2002), Ellie Herman's Pilates Props Workbook (4.21 a...

### **Ellie Herman (Author of Pilates for Dummies)**

Pilates studios in Brooklyn, New York featuring private training, group classes, physical therapy, and bodywork. Owned and operated by master trainer Ellie Herman.

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